

Tomato Salsa

Just Say Yes to Fruits and Vegetables

What a great way to use those juicy tomatoes from the farmers' market!



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Tomato Salsa

Serves 6 • Serving: ½ cup



Try salsa on different foods, such as eggs, burgers, or a baked potato.

Ingredients:

- 3 chopped tomatoes
- 1 chopped onion
- 2 finely chopped garlic cloves
- ¾ teaspoon salt
- 1 tablespoon vinegar
- 1½ teaspoon vegetable oil
- 1 cup chopped cilantro (optional)

Directions:

1. Combine all ingredients in a large bowl.
2. Cover and chill.
3. Serve with raw vegetables, tortilla chips, or over rice. Enjoy!
4. Refrigerate leftovers.

This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP.

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