

Summer Squash and White Bean Salad

Just Say Yes to Fruits and Vegetables

Nothing says summer in NYS like fresh summer squash.



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Serves 10 • Serving: $\frac{3}{4}$ cup

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You can use yellow or green squash (zucchini), or a mixture of both!

Ingredients:

- 4 cups diced summer squash
- 1 cup chopped red onion
- 1 19-ounce can drained and rinsed cannellini beans
- 2 tablespoons vegetable oil
- $\frac{1}{4}$ cup apple cider vinegar
- $\frac{1}{2}$ tablespoon chopped rosemary
- Salt and pepper to taste

Directions:

1. In a large bowl, combine summer squash, onion, and beans.
2. In a small bowl, mix oil, vinegar, rosemary, salt, and pepper.
3. Pour oil mixture over bean-squash mixture and toss.
4. Chill, serve and enjoy!
5. Refrigerate leftovers.