

Succotash Salad

Just Say Yes to Fruits and Vegetables

No sufferin' involved with this succotash - it's very easy to make.



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Succotash Salad

Serves 4 • Serving: 1¼ cup

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Vegetables

Fresh, frozen, or canned corn - all of them are perfect for this recipe!

Ingredients:

- 2 cups corn
- 2 cups butter beans or lima beans
- 1 chopped bell pepper
- 3 chopped scallions or
½ chopped onion
- 1 chopped garlic clove
- 2 tablespoons vegetable oil
- 2 tablespoons vinegar
- Salt and pepper, to taste

Directions:

1. In a large bowl, combine corn, beans, bell pepper, scallions (or onion) and garlic.
2. In a small bowl, mix oil, vinegar, salt and pepper.
3. Add oil mixture to the corn mixture in the large bowl.
4. Mix well and serve.
5. Refrigerate leftovers.