

# Blueberry Thyme Fruit Salad

Just Say *Yes* to Fruits and Vegetables

*Summertime is a great time to have blueberry thyme fruit salad!*



[jsyfruitveggies.org](http://jsyfruitveggies.org)

## Blueberry Thyme Fruit Salad

Serves 5 • Serving: 1 cup

*Just Say Yes* to Fruits and Vegetables

*If your peaches aren't yet ripe, place in a paper bag to speed up the process.*

### Ingredients:

- 2 cups blueberries
- 4 chopped peaches or nectarines
- 1 tablespoon chopped fresh thyme leaves
- 1 teaspoon peeled and grated
- ¼ cup lemon juice
- 1 teaspoon grated lemon peel

### Directions:

1. In a large bowl, combine all ingredients. Mix well.
2. Chill in the refrigerator for at least 1 hour.
3. Refrigerate leftovers.